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- 1 Pair of Transition Liners with compression in the foot and ankle

## Compreflex® Contain INELASTIC WRAP - CALF

**LYMPHEDEMA & LIPEDEMA**

**NORTH AMERICA**  
Manufacturer  
SIGVARIS, INC.  
3119 Highway 74 South  
Peachtree City, GA, 30269 USA

## Compreflex Contain INELASTIC WRAP - CALF

sigvaris

### Instructions for use and care

**Product descriptor:**

The Sigvaris Compreflex Contain is an adjustable inelastic medical compression device, providing compression of 20-50mmHg to the calf. This compression device is paired with the Transition Liner which provides protection for the skin and offers 10-15mmHg in the foot and ankle.

**Intended use:**

Inelastic wraps are compression therapy devices used on the upper and lower extremities. Compression therapy improves lymphatic return, reducing lymphatic edema.

### Application

**Application:**

1. Apply the provided compression liner. Before donning or putting on the Sigvaris Compreflex Contain, unhook each strap and roll it back on itself to prevent tangling (Fig. A). Next, with the stretch panel in front, slide the garment over the foot and pull up to just below the knee (garment tag will be at the back, facing out) (Fig. A).
2. Begin with the two straps nearest the ankle, and gently lay the straps closed over the leg with comfortable tension, minimal strap overlap and no gaps between straps (Fig. B). Press the hook ends of the strap securely onto the sides of the garment. Continue the process with the remaining straps (Fig. C).
3. When doffing or removing the garment, roll the strap ends back to form a loop and press the hook end of the strap onto itself to prevent the straps from tangling. Slide the garment off the leg, then remove the compression liner.



### Indications / Contraindications

**Indications:**

Lymphedema, Edema, Lipedema

**Absolute Contraindications:**

- Severe cardiac insufficiency (NYHA III-IV)
- Phlegmasia cerulea dolens
- Severe PAOD with any of the following: ABPI <0.6; ankle pressure <60mmHg; toe pressure <30mmHg
- Severe diabetic neuropathy with sensory loss or microangiopathy with the risk of skin necrosis
- Compression of an existing arterial bypass
- Allergic to compression material

**Precautions:**

Special precautions must be taken, if the use of compression garments is considered in patients with borderline indications such as:

- PAOD with ABPI >0.6 - <0.9 and/or ankle pressure between 60 and 90mmHg
- Patients with compensated heart failure (NYHA I-II) and venous or lymphatic edema
- Diabetes mellitus
- Skin diseases with exudation or mixed arterio-venous ulcer
- Compression garments for the reduction of inflammation, pain or edema of the leg, erysipelas or cellulitis should only be used in combination with antibacterial treatment
- Skin irritations in sensitive patients can be prevented by applying applicable skin care beneath compression garment
- Liners and wraps should not be worn directly on wounds

Treatment decisions should be taken on a case-by-case basis and under consideration of a careful benefit-risk assessment. All serious incidents that occur when using the product should be reported to the manufacturer and the competent supervisory authority.

**Care & Cautions:**

Please read these instructions carefully and consult your medical professional if you have any health concerns. Your SIGVARIS GROUP compression garment should be comfortable and never hurt. If you experience any pain or discomfort, or visible marks on the skin indicative of skin reactions or constriction, immediately remove the garment and consult your physician.

Note: Consult with your physician; precautions and contraindications listed are guidelines only and do not replace medical advice.

### Compreflex Contain Calf Size Chart (A-C)

	Small	Medium	Large	X Large	XX Large
C	29-39cm	34-44cm	40-50cm	46-56cm	54-64cm
A	19-26cm	21-30cm	26-36cm	31-41cm	36-46cm

Identifying the optimal product size ensures a proper fit and the correct distribution of compression. Measurements should be taken by a healthcare professional.

Compreflex Contain Strap Extenders are sold separately.



With more than 150 years of history and extensive expertise in medical compression wear, the SIGVARIS GROUP is dedicated to helping people feel their best. Every day. sigvaris.com

### Use and care

**Use:**

The Sigvaris Compreflex Contain should be removed once a day to allow for skin hygiene. It should then be reapplied according to the donning instructions. Frequency of garment wear may vary according to each individual's needs and the prescribing provider's recommendations. Sigvaris recommends wearing a Liner with each compression device.

**Care:**

- Detach hook tabs from the straps before washing
- To protect the garment, place in a mesh laundry bag for washing
- Machine wash on the gentle cycle using a mild detergent
- DO NOT use bleach or fabric softeners
- Tumble dry on low heat setting. Air drying is recommended to preserve the life of the garment
- After drying, reattach the hook tab to each strap, overlapping the strap end by 1"
- Your Sigvaris Compreflex Contain device should be washed as often as needed

**Caring for Your Liner:**

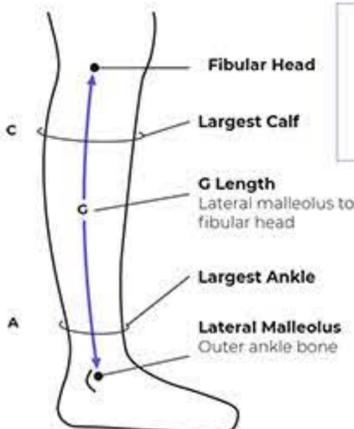
- Machine wash on gentle cycle using a mild detergent
- DO NOT use bleach or fabric softeners
- Tumble dry on low heat setting. Air drying is recommended to preserve the life of the garment



**Material Composition**

48% Cotton · 25% Polyamide · 13% Polyester  
9% Polyurethane Foam · 5% Elastane

Not made with natural rubber latex



**G Length**

Regular:  
30-33.9cm  
Tall:  
34-42cm